**LIMBER UP FOR LYTHAM**

## 1K / 5K FUN RUN

## SUNDAY 29th April 2018

## Lytham St Annes Sports & Technology College, Car Park Entrance - Albany Road, Lytham St Annes, FY8 4DG



**START TIMES & ENTRY FEES**

**1K** 10:30am start. Entry £2

**5K** 11:15am start. Entry £5 in advance (online or at school reception), or £7 on the day

**EVENT DETAILS**

Please bring ticket / receipt to the event if registering in advance of the event.

Race numbers will be allocated on the day.

Car Parking, toilets and changing rooms available

Refreshments on sale throughout event

Further Information at : [www.lythamhigh.lancs.sch.uk](http://www.lythamhigh.lancs.sch.uk) (PTFA Events))

**REGISTRATION**

**Online (5K only):** Registration and payment in advance of the event can be made at https://www.pta-events.co.uk/lythamhighschool

**In Person (5K only):** Registration forms and entries can be made at Lytham High School Reception, Worsley Road, Lytham St Annes, FY8 4DG, up to Friday 27th April 2018. Payment can be made in cash or by cheque (payable to Lytham St Annes High PTFA).

**On the Day (1K & 5K):** Please leave ample time for registration on the day. Registration opens at:

 1K: 09:30 – 10:15am

 5K: 09:30 – 10:45am

One entry form per runner is required. Additional forms available at [www.lythamhigh.lancs.sch.uk](http://www.lythamhigh.lancs.sch.uk) (PTFA)

**ENTRY FORM**

NAME………………………………………………………………………………………………………………………………………..

ADDRESS……………………………………………………………………....................... POSTCODE……………………………

EMAIL……………………………………………………………………………………………TELEPHONE………………………….

SPONSORSHIP FORM IN AID OF SCHOOL YES NO

RACE DISTANCE 1K 5K

All runners competing in the 5K must be over 10 years old unless accompanied by an adult at all times during the run. Parental permission is required for all runners under the age of 16 years. By completing and signing this registration form, you agree to abide by the rules of the event. You understand that you are entering the event at your own risk, and that no person(s) or organisation(s) will be held responsible for any accident, injury or loss to yourself or to any dependents present, prior to, during, or after the event. You confirm that you are medically and physically fit to enter the event and do so at your own risk. You understand that the organisers reserve the right to delay, postpone, or cancel arrangements in the event of adverse weather conditions, or other events outside of the organisers’ control, and that in such circumstances, entry fees will not be refunded but all profits will be donated to Lytham High School. The determination of what constitutes such circumstances is reserved solely to the event organisers. You give permission for your name to be published in the list of results and for your picture to be displayed as part of the coverage for the event.

This form must be signed by entrants over 16 years old, or a responsible adult for entrants under 16 years old.

Signature ……………………………………………………………………………………………………………………………………………………………..